

Fasting Ramadan

صوم رمضان

Teacher: Amira sami



The Month
of Mercy

What is Fasting (Sawm)

Why do we fast

When should we fast

About Ramadan

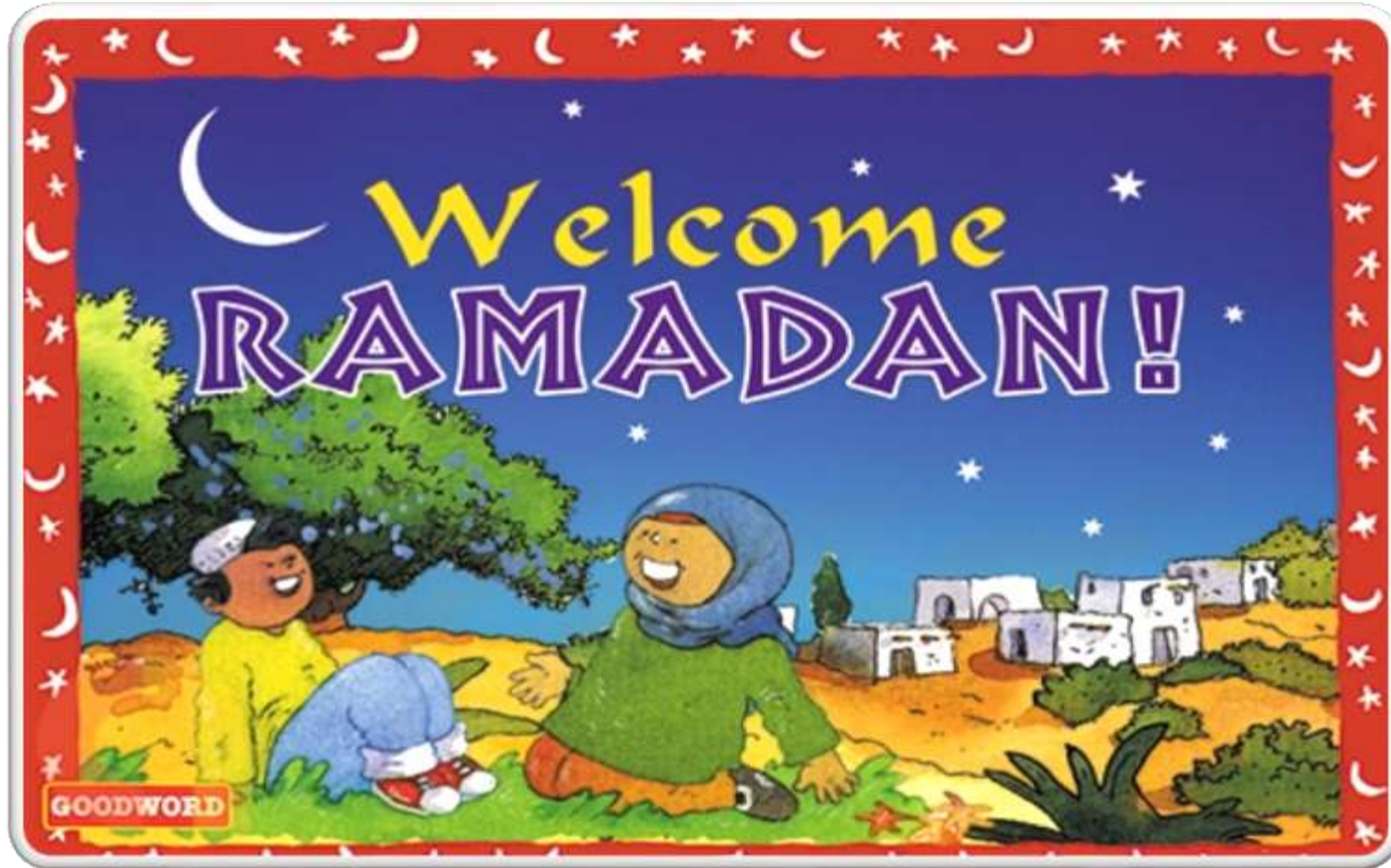
Who should fast

What does fasting teach us

the reasons for which one may be excused
from fasting in Ramadan.

WHAT IS FASTING

“SAWM”?



Fasting means:
abstaining from food
and drink
and other things that
make fasting invalid.





From dawn



To sunset



Fasting is the fourth
pillar of islam

The 5 Pillars of Islam



WHY DO WE FAST ?



**DO YOU
KNOW?**



**We fast to obey
Allah`s
command.**

يَا أَيُّهَا الَّذِينَ آمَنُوا أَطِيعُوا اللَّهَ
وَأَطِيعُوا الرَّسُولَ وَلَا تُبْطِلُوا
أَعْمَالَكُمْ - 47:33

O YOU WHO HAVE BELIEVED, OBEY ALLAH AND OBEY THE
MESSENGER AND DO NOT INVALIDATE YOUR DEEDS.

سورة محمد الآية 33

We fast to achieve

“Taqwaa”

Do you
Know what
is Taqwa?

TAQWA



Taqwaa is :

Allah-fearing..

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا
كُتِبَ

عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ 183

**O you who have believed, decreed upon you
is fasting as it was decreed upon those before
you that you may become righteous(fear –
Allah)**

I fear Allah
I keep my fasting



We fast to get the
great reward of
fasting from Allah

في الحديث القدسي: قال الله تعالى: «كل عمل ابن آدم له
إلا الصوم فإنه لي وأنا أجزي به»

- The Messenger of Allaah (sallallaahu ‘alayhi wasallam) said that: “**Allaah said: ‘Every deed of the son of Adam is for him except fasting; it is for Me and I shall reward for it...’**” [al-Bukhaari (1761) and Muslim (1946)]

When
shall we
fast?



The names of the months of the Islamic calendar are as listed below.

1. Muharram
2. Safar
3. Rabi al-Awwal
4. Rabi ath-Thani
5. Jumada al-Ula
6. Jumada ath-Thaniyyah
7. Rajab
8. Shaban
9. Ramadan
10. Shawwal
11. Dhu'l Qadah
12. Dhu'l Hijjah



When a Hijri year is mentioned, it is written with AH, for example, 1432 AH. Here AH means After Hijrah.

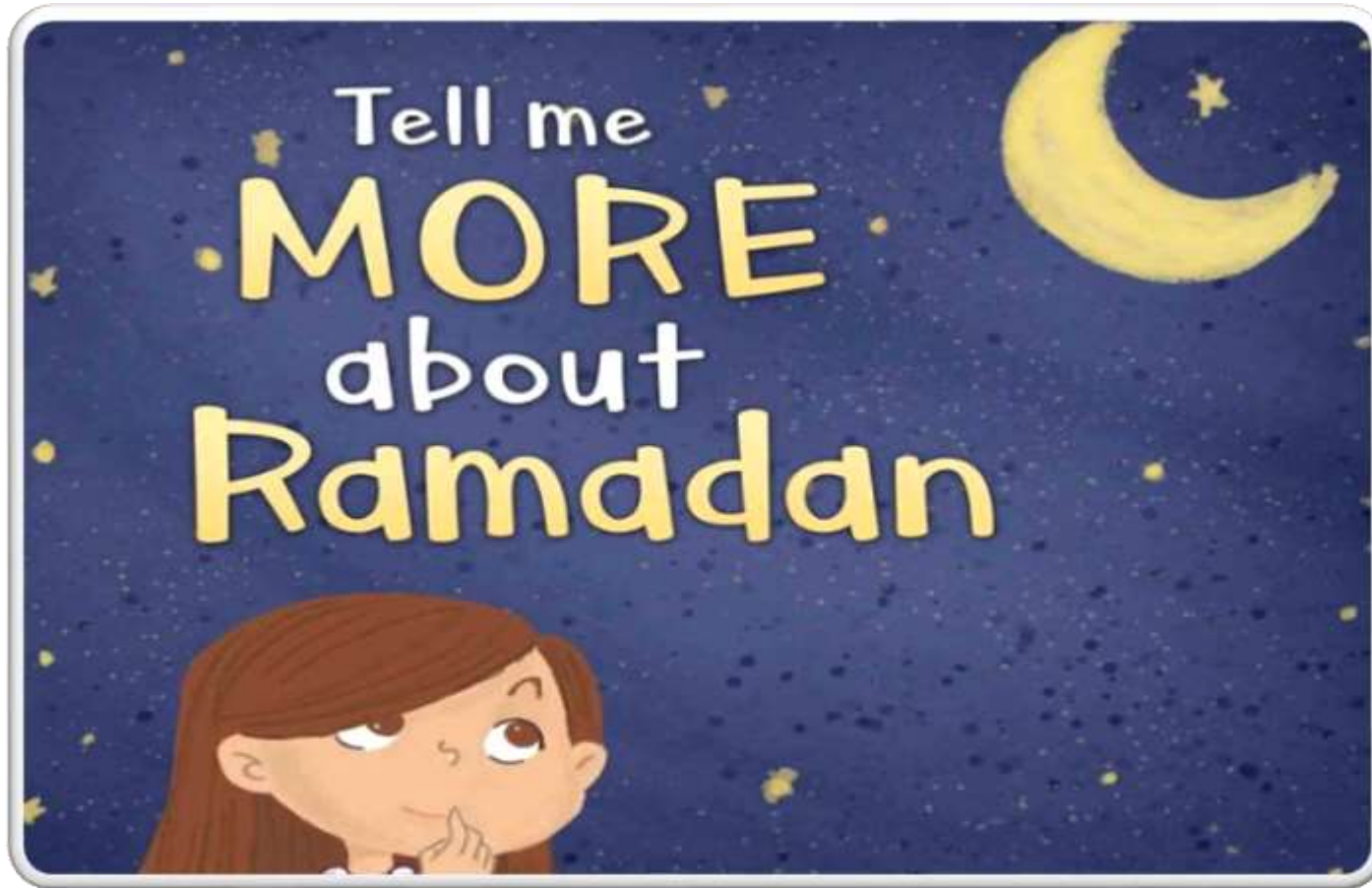


<p>مُحَرَّم Muharram</p> 	<p>صَفَر Safar</p> 
<p>رَبِيعِ الْأَوَّل Rabee' Al Awwal</p> 	<p>رَبِيعِ الثَّانِي Rabee' Ath Thooni</p> 
<p>جُمَادَى الْأَوَّل Jumadaa Al Awwal</p> 	<p>جُمَادَى الثَّانِي Jumadaa Ath Thooni</p> 
<p>رَجَب Rajab</p> 	<p>شَعْبَانَ Sha'baan</p> 
<p>رَمَضَانَ Ramadan</p> 	<p>شَوَّال Shawwaal</p> 
<p>ذُو الْقَعْدَةِ Dhul Qa'dah</p> 	<p>ذُو الْحِجَّةِ Dhul Hijjah</p> 

Muslims fast in the ninth month

Month of: Of Islamic Calendar:

RAMADAN



Let`s talk about :

RAMADAN

رمضان

Ramadan

The Month of Quran



I recite Qura'n everyday
in Ramadan



the month of Ramadan that Allah's
Messenger began to receive the words of
the
Glorious Qur'an .

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِلنَّاسِ

Ramaḍân is the month in which the Quran was revealed as a guide for humanity.



If it is confirmed that the moon has been
sighted, a Muslim should begin his fast from
dawn the
following day. He must make the intention of
fasting
(the niyyah) before dawn

**Our intention
is inside our
heart**



**This intention should not be
expressed loudly.**

. As soon as the
sun has set, a Muslim should break his fast. This
is
called iftar - breaking the fast. He may break
the fast
with a few dates , or simply with water!

What should we say before breaking our
fast?



**The thirst has gone, the
veins have moistened and
the reward has confirmed
in shaa Allah**



Iftar is a happy time for the family

It is recommended for a Muslim to have a meal
before dawn .

This meal is called sahoor.

Delectious suhoor





**Do Suhoor because in
suhoor there is a
blessing**

Every night, when the fast is broken
, the meal is
like a celebration . Muslims thank
Allah for giving them
the power to keep the fast that day.



What does fasting teach
us?



Fasting is like a shield. So when a Muslim is fasting he should not use foul or foolish talk. If someone attacks him, quarrels with him or insults him, he should say, 'I'm fasting, I'm fasting.'



I'm fasting....

Islam teaches us that **there is no god but Allah** .

A

Muslim must live a life that is pleasing to Allah.

That

**means putting Allah's Commands before his
own**

**desires. When a Muslim fasts, he obeys the
Command**

**of Allah and puts Allah's Command before his
wants
and needs.**

Fasting is a shield against evil. It builds up the strength to resist evil that comes in the way of a Muslim .

This helps him to say 'no' to the temptations in his everyday life.

WHO SHOULD FAST?

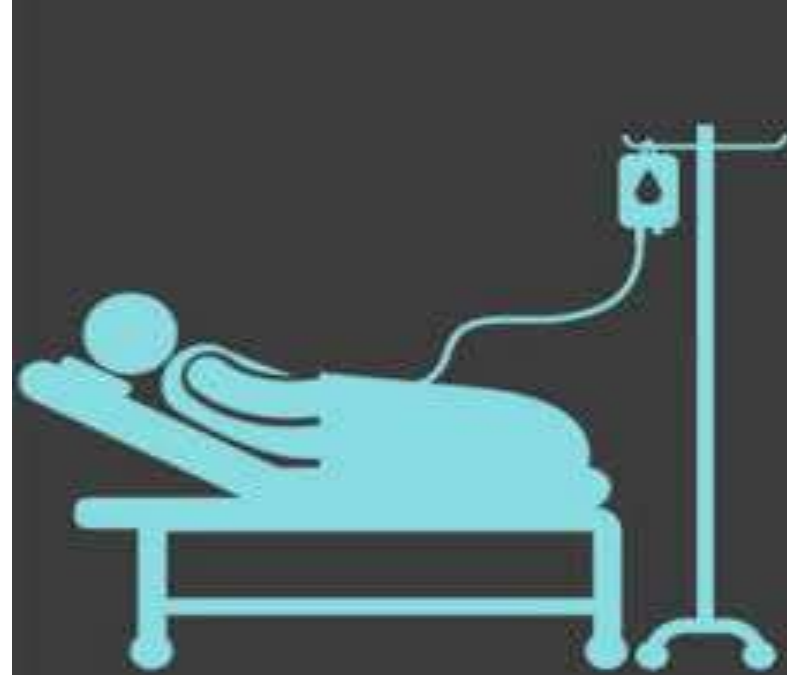
Fasting is compulsory in the month of
Ramadan for
every adult Muslim who is in good health ,
not travelling
and able to fast without hardship. An adult
is a mature,
well-developed person .

the reasons for which one
may be excused from fasting
in Ramadan.

There are people
among the Muslims who are not expected to
fast.

Travellers and those who are sick do not have
to fast.

They should make up for the missed number
of days
when they are able to do so.



EXERCISE

TEST
yourself



Circle the correct answer:

1. Sawm is an [Arabic- English] word.
2. Fasting is compulsory for [adults- children].
3. Ramadan is the [10th- 9th] month in the Islamic calendar.
4. Ramadan comes after [Shawwal- Sha'ban] .
5. Fasting is the [fifth- fourth] pillar of Islam.

Fill in the blanks:

1. Muslims fast from -----until -----
2. Breaking the fast is called _____ _
3. We may break our fast with _____ , or simply with _____ _

Write True or False.

1. It is recommended to eat or drink something before dawn.
2. Making the intention before fasting is important.
3. If someone insults you while you are fasting, you should insult him.

**Thank you very much,
with my best wishes**

Teacher:

Amira Sami